

LET'S BREAK THE SILENCE

Friday 15th October 2010

One in five (20%) Australian adults experience
mental illness in any year

AND... FIVE in FIVE can help!

Come and Join us and Break the Silence

Sunbury Memorial Hall

Barkly St, Sunbury

7.00 - 9.00pm

No cost to you!

Local Speakers Local Solutions Local Support
Local Services Local Website Launch

NATIONAL MENTAL HEALTH WEEK
10TH – 17TH OCTOBER 2010

SUPPORTED BY

**HEALTH. WESTERN
WELLBEING. REGION
EVERYONE. HEALTH
CENTRE**



 Sunbury Community
Health Centre
All Year Round Quality Care

and the *Sunbury Healthy Minds Network*